# THE MASKS MUST GO NACNA XIX January 13, 14, & 15, 2023

## **Meeting Schedule**

<u>Registration</u> - Hotel Lobby- Friday 3:00 pm - 11:00 pm; Saturday 9:00 am - 10:00 pm <u>Convention Information</u> - Hotel Lobby - Friday 3:00 pm - 11:00 pm; Saturday 9:00 am - 10:00 pm

#### THE HOTEL REQUIRES ALL ATTENDEES TO WEAR REGISTRATION BADGES WHILE ON THE PREMISES.

#### **EVENTS AND ACTIVITIES**

FRIDAY	10:15 pm - 12:15 am 10:30 pm - 12:15 am 10:00 pm - 2:00 am	Comedy Show (\$20 at the door) (Savoy) Karaoke/Music (Salon D) Music in the Lobby
SATURDAY	11:30 am - 1:00 pm 2:00 pm 6:30 pm - 8:00 pm 10:00 pm - 2:00 am 10:00 pm - 2:00 am	Walk Across (Savoy) Scavenger Hunt (Savoy) Italian Buffet Banquet (Salon D) Mardi Gras Spectacular Dance (Tickets \$5 at the door) (Savoy) Music in the Lobby

<u>Merchandise</u> - Melville Room <u>Nassau Area Subcommittees</u> - Hotel Lobby <u>Jewelry Sales</u> - Lobby <u>Hospitality</u> - Wildwood Room <u>Tape Sales</u> - Eisenhower Room <u>Nar-Anon</u> - Pindar Room

### **Marathon Meeting** - Hargrave Room

## Main Meetings with American Sign Language Interpreter for the Deaf and Hard of Hearing (ASL)

<u>Friday</u> Time	Topic	Room		
		<u> </u>		
4:00 pm - 5:15 pm	Extending a Thoughtful Welcome	Banfi		
5:30 pm - 6:45 pm	Losing and Finding Ourselves in Service	Belmont		
	Encouraging Growth	Banfi		
7:00 pm - 8:15 pm	Forgiving Others, Forgiving Ourselves	Belmont		
	Powerlessness Opens the Door	Banfi		
	Clean Time Does Not Equal Recovery	Mattituck		
8:30 pm - 10:00 pm	Opening Speaker Event (ASL)	All Salons		
	Sarah Q Georgia			
Fred B Nassau Area				
10:00 pm - 2:00 am	Music in the Lobby	Lobby		
10:15 pm - 11:45 pm	Relationships - Tolerance and Toxic Relationships	Belmont		
	Changed Thinking, Changed Behavior	Banfi		
	For the Newcomer, By the Newcomer	Mattituck		
	Making the Pain Count	Hargrave		
	Spanish Speaking Meeting	Heckscher		
10:15 pm - 12:15 am	Comedy Show	Savoy		
10:30 pm - 12:15 am	Karaoke / Music	Salon D		
12:00 am - 1:30 am	Careful What You Pray For	Belmont		
	Finding Purpose in One Another	Banfi		
1:30 am - 8:00 am	Marathon Meetings	Hargrave		

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<u>Saturday</u>	- 100ting 0011011	
8:00 am - 9:15 am	"Just for Today" Daily Meditation- A Loving God	Banfi
9:15 am - 10:45 am	NASCOMM Town Hall Meeting	Hargrave
	Action Over Word	Belmont
	Faith in the Program and Each Other	Banfi
	Steps 1, 2, & 3 - Deal and Heal	Mattituck
	Helpline	Heckscher
11:30 am - 1:00 pm	Walk Across	Savoy
11:00 am - 12:30 pm	The Generosity of Being Vulnerable	Belmont
	Sponsorship - The Heartbeat	Banfi
	Steps 4 & 5 - Freedom from Self-Made Prison	Mattituck
	Choosing Intimacy Over Isolation	Hargrave
	H & I and PI Presentation	Heckscher
12:45 pm - 2:15 pm	NACNA Anniversary Meeting	Heckscher
	Love For Unity's Sake	Banfi
	Pushing Through with Perseverance	Hargrave
	Steps 6 & 7-When My Head Says Yes & My God Says No	Mattituck
12:45 pm - 2:45 pm	Oldtimers Meeting - Why We Came, Why We Stay	Belmont
2:00 pm	Scavenger Hunt	Savoy
2:30 pm - 4:00 pm	The Freedom to Let Go	Belmont
1	Under 3 and FREE	Banfi
	Steps 8 & 9 - Freedom from Our Past	Mattituck
	Illness in Recovery	Hargrave
	Spanish Speaking Meeting	Heckscher
4:15 pm - 5:45 pm	Women's Meeting	Salon C
r	Men's Meeting	Salon A
6:00 pm - 7:30 pm	Vigilance in Balance	Belmont
r	Freedom For the Group (Traditions)	Banfi
	One Addict Helping Another in Unity	Mattituck
	Spanish Speaking Meeting	Heckscher
6:30 pm - 8:00 pm	Italian Buffet Banquet Dinner	Salon D
8:00 pm - 10:00 pm	Saturday Night Speaker Event (ASL)	All Salons
	Patricia G Washington, D.C.	
10:00 pm - 2:00 am	Mardi Gras Spectacular Dance	Savoy
	Music in the Lobby	Lobby
10:15 pm - 11:45 pm	Relationships, Battleships & Hostage Takeovers	Belmont
	Steps 10, 11, & 12 - Learn About ME, Pass It To HIM, Give It To YOU	Banfi
	Hope in the Darkness and in the Light	Mattituck
	Free to Be Authentically Me - LGBTQIA+	Hargrave
	Moving Forward with Passion	Heckscher
12:00 am - 1:30 am	Caring For Ourselves, Caring for Others	Belmont
	Youth In Recovery - Growing Up with the Program	Banfi
	Self-Acceptance and a Sense of Belonging	Mattituck
1:30 am - 8:00 am	Marathon Meetings	Hargrave
Sunday		
8:30 am - 9:45 am	"Just for Today" Daily Meditation - FEAR	Heckscher
10:00 am - 11:30 am	Spiritual Speaker Event (ASL)	Salon D
	Bill R Arizona	